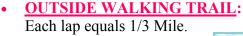
AVAILABLE DAILY AT THE CENTER

banquet room, twenty-five (25) laps equals a mile.
Monday - Friday from 8 a.m. until 3:45p.m.



Exercise and enjoy the beautiful winter scenery.



• <u>FITNESS ROOM</u>: Open for your convenience Monday – Friday from

8:00 a.m. to 3:45 p.m. (We ask that you please register at the front desk when using the fitness room.)



 <u>CARDS</u>: Card tables available for your use on a daily basis.



• BILLIARDS/POOL: Pool tables are available Monday, Tuesday, Thursday & Friday from 8 a.m. to 3:45 p.m. and Wednesdays from 1 to 3:45 p.m.

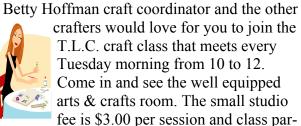
RAINBOW MESSENGER FEBRUARY, 2015

computer LAB: The computer lab is available for your personal use daily.

FREE computer assistance is available every Wednesday from 9-10:30 a.m. Ryan is here to assist you and answer your questions regarding computers. We also have wireless internet if you have questions about your laptop.

REGULAR SCHEDULED ACTIVITIES

TLC CLASS (Tender Loving Crafts)



ticipants may purchase project supplies at 50% off cost. Class is fun and educational & a super way to meet new friends.

February 3rd - "Cute" Bookmarkers
February 10th - Valentine Cards
February 17th - Shell Frames
February 24th - Catch up

SINGING SENIORS: Meet Friday mornings at 10 a.m. at The Habig Center. They will be singing at St. Charles in Jasper at 10 a.m. on Friday February 20th.

• BINGO: Will be played at 12 p.m.

Tuesdays, February 3rd & 17th. We ask you to keep bills to \$5 and under. Cost is \$1.00 per card to play all 50 games and \$.25 to play in the two special games. Someone will be in the Banquet Room to collect money beginning at 11:30 a.m.

***You may want to bring a sweater or jacket, it sometimes gets cool.

• BLOOD PRESSURE CHECKS: Will be available in the Banquet Room starting at 11:15 a.m. on Tuesdays, February 3rd & 17th.



• EXERCISE CLASS: Is held every Monday and Thursday morning at 9 a.m. in the Banquet Room. The exercises are designed to help keep your joints limber. Start your day off with some fun and get health benefits too!

• WALK FIT VIDEO: Come in at 9:45 a.m. on Monday & Thursday mornings for a group fitness walk video. It is a great way to get your heart pumping and you go at your own pace! A staff member is with the group and will help guide you through the video.

CARD TOURNEYS



- Thursday, February 5th Cinch Tourney
- Thursday, February 12th Rum Tourney
- Thursday, February 19th Sheephead Tourney
- Thursday, February 26th EuchreTourney

Tourneys begin at 12:30 p.m. Entry fee is \$1.00 and prizes are awarded to1st, 2nd & 3rd place. Please sign-up by 10:00 a.m. the morning of the Tourney you are playing in.

- TEXAS HOLDEM: Will be played Monday, February 2nd and Friday the 20th at 12:30 p.m. There is a \$1.00 charge for the chips and the winner receives a cash prize. Reservations are due by 10 a.m. the morning you play.
- <u>DOMINOES</u>: The Mexican Train version will be played at 12:30 p.m. on Wednesday February 4th. It is a fun game that is easy to learn. Everyone is welcome! We play a quarter a game with the low score winning the game. Please call in by 10 a.m. if you are coming in to play.
- PAY-ME: A game similar to Rum but played with 3 decks of cards including the jokers will be played at 12:30 p.m. on Wednesday, February 11th & Monday the 23rd. Bring your change, we play for 10 cents a round and 25 cents a game. Please let us know by 10 a.m. if you are coming in to play.

RAINBOW MESSENGER

• TRIPOLEY: Bring your pennies to play Tripoley at 12:30 p.m. on Tuesday,



February 10th. We have a lot of fun! Please call in by 10 a.m. game day if you would like to play.

- SCRABBLE: How about a little challenge? Come in to play Scrabble at 12:30 p.m. on Tuesdays, February 10th & 24th. We have a lot of fun! Please signup by 10 a.m. game day if you plan to attend.
- PHASE-10: Will be played on Friday, February 6th at 12:30 p.m. It is a fun easy card game. Please call in by 10:00 a.m. if you would like to play.
- HEARTS: Is a fun game we will play at 12:30 p.m. on Monday, February 9th and Friday the 27th. This game is easy to learn and very enjoyable. We play a quarter a game with low score winning! Call in by 10:00 a.m. to sign-up.
- GOLF: The card game, will played Friday, February 13th and Wednesday the 25th at 12:30. Four to six players can play before adding another deck. Low score wins the game. If you've played it before come in and and join the fun, if this is your first time I'm sure you'll enjoy playing. Please call in by 10:00 a.m. to sign up.

- <u>5-HANDED CINCH</u>: We are going to play some games for fun on Wednesday, February 18th at 12:30 p.m. You should give it a try. Please sign-up by 10 a.m. that morning.
- Wii GAMES: The Center has a Wii game hooked up to the large screen T.V. in the lower level of the facility. Golf, Tennis, Bowling, Boxing, Baseball, Zumba & Just Dance are available for you to play.





- <u>PUZZLES</u>: We have one on the table for anyone who would like to help. Put a few pieces together in passing or sit for awhile.
- SHEEPHEAD LESSONS: For everyone who signed up; will be held at 1:00 p.m. Wednesdays starting February 4th. We will be playing in the card room in the lower level.
- MAH JONGG: Originated in China & is played with tiles similar to dominoes. The object of the game is to place tiles into combinations that make a "hand". Its concept is similar to Gin Rummy. Games are played on Wednesdays at 12:30 p.m. and Fridays at 8:30 a.m. If you can play on Wednesday please call in by 10 a.m. to let us know. New players welcome.

SPECIAL ACTIVITIES

- LUNCH BUNCH: Is Wednesday,
 February 18th at Yamato Steak House of
 Japan. We will meet there at 11 a.m. Our
 group will receive a 10% discount on the
 meal. Please let us know if you will be joining
 us by 3p.m. Friday, February
 13th. We always go "dutch
 treat". Come enjoy good food
 and visit with old friends &
 make new ones!
- CATERED MEAL: Will be a carry-in held Tuesday, February 24th at 12:00 p.m. Fried chicken will be provided and each person is asked to bring a covered dish. Cost of the meal is \$3.50 for the chicken, drink and table service. Please make your reservations by 3 p.m. Thursday, February 19th.

• BOOMERAMA: Monday, February 9th at 12:00, Phil Hensley with the Indiana State Police will give an informative talk. The presentation is free. There is a \$5.00 charge to cover the cost of the optional lunch. Reservations are due by 3 p.m. Friday, February 6th.

RAINBOW MESSENGER FEBRUARY, 2015

• BOOK CLUB: Will discuss local author Wanda Blackgrave's book, "Here, There and Everywhere" at 12:30 p.m. on Thursday, February 12th. New York Times bestseller "Gone Girl" by Gillian Flynn will be the March book. A wife goes missing after moving to the Midwest, who's behind the disappearance? You decide; it may not be as apparent as you think. The book was a box office hit in 2014. It should provide for a good discussion! New members are always welcome.

TRIP

TROPICANA CASINO

Is scheduled for Wednesday, March 18th. with two buses reserved. They will leave the Jasper Armory at 8:45 a.m. and pick-up in Huntingburg at 9:00 a.m. from The United Methodist Church. Those attending will receive transportation, \$8.00 in slot play and \$9.95 in meal credit to use at any of the restaurants on the Tropicana Property.

Cost of the trip is \$15.00. We will need your Tropicana card number or your name, address

and birth date when paying. Sign-up by phone beginning at 7:30 a.m. Tuesday, February 10th. Money is due by 3 p.m. Friday, February 27th.

Tax Filing Assistance Available

The Habig Center/ 9 a.m. to 3 p.m.

February: 12th, 19th & 26th

March: 5th and 26th

To schedule an appointment

Call 812-482-4455

Huntingburg Senior Center is offering assistance; their information is on page 7 of this newsletter.

Ferdinand Senior Center Will be offering Filing Assistance Call Mary at 812-367-2842 To schedule an appointment

CENTER CLOSED

Monday, February 16th In Observance of Presidents' Day



RAINBOW MESSENGER

- BIRTHDAY & ANNIVERSARY: If you would like your birthday and/or anniversary to appear in the Newsletter, please let the staff know the month and day. Thank you!!
- **BOOK SHELF:** The books have been moved downstairs to The Habig Room. Thanks to the generosity of so many, we have a great selection of books for you to borrow.

SUNDAYS: The Center is open from 1:00 to 4:00 p.m. for your enjoyment. We appreciate the volunteers who make this possible. If you would like to volunteer to open The Center on Sundays, call and we will add you to the list.

HAPPY BIRTHDAY

FEBRUARY



3rd	Barbara Mathies
4th	Shirley Farley
12th	Irvin Blemker
15th	Bob Meyer
22nd	Mary C. Burger
23rd	Bob Stemle
25th	Anna Summers
27th	Linda Foisy
28th	Connie Welp
28th	Helen Weyer

THUMBLE SALLES



FEBRUARY

3rd	Jerry & Rita Reller
12th	Susie & Mike Alley

Recipe Exchange

Chicken Casserole

Ingredients:

- 4 chicken breast (boil until tender) cut into bite size pieces. Save 1 cup of broth.
- 1 package Pepperidge Farm Herb **Stuffing mix**
- 1 stick butter or margarine
- 1 cup sour cream or plain yogurt
- 1 can cream of chicken soup

Directions: Melt butter or margarine, stir into stuffing mix spread 1/2 of mixture in casserole dish. Add chicken. Mix together soup and sour cream and spread over chicken. Cover with the rest of stuffing mix. Pour 1 cup of hot broth vou saved over all.

Bake at 350° for about 45 minutes. Submitted by: Lavon Propes Have a good recipe to share? We would be happy to publish it.

WINTER CLOSINGS

In case of inclement weather, please listen to radio stations WITZ and WBDC for cancellations and/or rescheduling.